

# Comprehensive Health Screenings

Wellness Works is offering **FREE**health screenings at various
County locations.



Complete a free health screening and earn one "Your Choice" Activity credit!

Make your appointment with Quest through the Wellness Portal.

Results from a previous visit with your physician will not qualify.

#### **Appointments are Required!**

Schedule your screening in the *Wellness Portal* ≫.

Go to the "Benefits" tab, then click on the "Onsite Health Screenings" tile to make your appointment with Quest at a County location or click "Patient Service Center" to schedule your appointment at a Sonora Quest location near you.

#### **Additional Details:**

- Screening is a fasting blood draw.
- Results include: total cholesterol, HDL, LDL, TC/HDL ratio, glucose, blood pressure, BMI, waist circumference, body fat percentage, and more!
- Results will be posted to your Sonora Quest account on the Wellness Portal in approximately 14 business days.

## **Administration Building**

301 W Jefferson, Phoenix, AZ 85003 2nd Floor Conference Room

Tuesday, September 12, 2023 | 8:00 AM - 12:00 PM Wednesday, September 20, 2023 | 8:00 AM - 12:00 PM Tuesday, October 10, 2023 | 8:00 AM - 2:00 PM Wednesday, October 25, 2023 | 8:00 AM - 12:00 PM

### **MCDOT**

2901 W Durango, Phoenix, AZ 85009 Maricopa/Cochise/Apache Conference Rooms

Wednesday, September 13, 2023 | 9:00 AM - 3:00 PM Thursday, October 19, 2023 | 9:00 AM - 3:00 PM

# **SE Regional Court Center**

222 E Javelina Ave, Mesa, AZ 85210 Training Room 1

Thursday, September 14, 2023 | 9:00 AM - 1:00 PM Tuesday, October 24, 2023 | 9:00 AM - 1:00 PM

